



**Helias High School**  
1305 Swifts Highway  
Jefferson City Missouri 65109  
Phone (573) 635-6139 Fax (573) 635-5615

07/17/08

**Game Schedule**  
**Cross Country**  
2008-2009

DAY	DATE	OPPONENT	LEVEL	HOME/AWAY	TIME(S)
Sun	08/10/08	Parent Meeting	V/JV/Fr	Home	7:00 pm
	09/06/08--09/06/08	Capital City Invitational	Var/J.V.	Away	9:00 am
	09/13/08--09/13/08	Forest Park Fest	Var/J.V.	Away	
	09/20/08--09/20/08	Hazelwood Central Invitational	Var/J.V.	Away	
	09/27/08--09/27/08	Marshall Invitational	Var/J.V.	Away	8:30 am
	10/04/08--10/04/08	Camdenton Invitational	Var/J.V.	Away	10:00 am
	10/11/08--10/11/08	Helias Invitational	Var/J.V.	Home	10:00 am
	10/18/08--10/18/08	St. Francis Borgia Invitational	Var/J.V.	Away	9:00 am
	10/21/08--10/21/08	Mexico Autumn Classic	Var/J.V.	Away	4:30 pm
	11/01/08--11/01/08	District	Varsity	Away	
	11/08/08--11/08/08	State	Varsity	Away	

\*Conference

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